



# Take Out Menu

## Deli Sandwiches

**4.50**

*All Sandwiches include...*

Cheese, Mayo, Mustard, Lettuce, Tomato, Pickles, Onions, Pepperoncinis, Olive Oil, Vinegar, Salt, Pepper

*Please choose ...*

*1-Type of Sandwich ...*

Turkey	Roast Beef	Pastrami
Cheese	B.L.T	Salami
Ham	Tuna	

*2- Bread ...*

Sourdough Roll	Seeded Sourdough Roll	Dutch Crunch
Sliced 9 Grain	Whole Wheat Roll	Ciabatta Roll

*3- Cheese ...*

Cheddar	Jack	Swiss
American	Provolone	Mozzarella

*4- Add Ons ...*

Extra Meat	1.50	Avocado	1.00
Extra Cheese	.50	Bacon	1.25

## Sides

Soup of the Day or Chili (served with cheddar cheese and red onions)

12 oz Cup	3.25	36 oz Bowl	5.75
Add a Toasted Roll	1.00		

## Hot Sandwiches

### **NEW!!!! Pesto Chicken:**

**6.35**

*Marinated Chicken Breast, Pesto Sauce, Sun Dried Tomatoes, Provolone Cheese, Fresh Spinach Leaves, Tomatoes, Red Onions, Fresh Basil and Mayo*

### **\*Chicken Tarragon:**

**6.35**

*Chicken Breast, Mozzarella, Spinach, Tomatoes, Basil, Sweet Spicy Mustard, & Mayo*

### **\*Turkey Cranberry:**

**6.35**

*Fresh Roasted Turkey, Cranberry Sauce, Mozzarella, Spinach, Tomatoes, Basil & Mayo*

### **\*Vegetarian:**

**6.35**

*Roasted Mushrooms, Roasted Eggplant, Roasted Bell Peppers, Swiss, Sweet and Spicy Mustard, Mayo, Avocado, Onions, Spinach, Cucumbers, Tomato, Basil, Sun Dried Tomato*

### **\*Mushroom Mozzarella:**

**5.50**

*Roasted Mushrooms, Mozzarella, Sun Dried Tomato, Pesto, Spinach, Tomato, Basil & Mayo*

### **NEW!!!! Eggplant Mozzarella:**

**5.50**

*Baked Eggplant, Mozzarella, Sun Dried Tomato, Pesto, Spinach, Tomato, Basil & Mayo*

### **\*Tuna:**

**5.75**

*Tuna Salad (Tuna, Carrots, Celery, Mayo), Cheese, Fresh Spinach Leaves, Tomatoes, Basil, Sweet Spicy Mustard, and Mayo*

### **\*Falafel:**

**4.95**

*Falafel patties, topped with Lettuce, Tomatoes, Cucumbers, and Tahini Sauce rolled and toasted on Lavash Bread*

### **\*Hot Roast Beef:**

**5.50**

*Roast Beef, Cheese of your choice, Lettuce, Tomato, Pickles, Onions, Pepperoncinis, Mayo, Mustard, Salt, Pepper, Oil and Vinegar*

### **\*Hot Pastrami:**

**5.50**

*Pastrami, Cheese of your choice, Lettuce, Tomato, Pickles, Onions, Pepperoncinis, Mayo, Mustard, Salt, Pepper, Oil and Vinegar*

### **\*BLT**

**4.75**

*Bacon, Lettuce, Tomato, Cheese of your choice, Mayo, and Mustard*

### **NEW!!!! "Toasted" Grub-n-Go Club Sandwich**

**5.50**

*Turkey, Bacon, Swiss Cheese, Lettuce, Tomato, Mayo and Mustard*

**Extras:** Double Meat 1.50... Avocado 1... Extra Cheese .50 ... Add Bacon 1.25



**Ask for the Combo Meal : Add a Bag of Chips and 16oz. Drink for 1.99**



## Baked Potatoes

(All potatoes include Salt, Pepper and Butter)

Plain	(Salt, Pepper and Butter .....	¢2.95
#1	Sour Cream .....	¢3.65
#2	Cheddar, Sour Cream, Chives .....	¢4.50
#3	Ham, Swiss, Sour Cream .....	¢4.95
#4	Cheddar, Bacon, Sour Cream .....	¢4.95
#5	Cheddar, Bacon, Broccoli, Sour Cream .....	¢5.05
#6	Mozzarella, Mushrooms, Broccoli, Sun Dried Tomatoes .....	¢5.05
#7	Cheddar, Sliced Turkey, Broccoli, Sour Cream .....	¢5.25
#8	Cheddar, Baked Chicken, Bacon, Broccoli, Sour Cream, Corn ...	¢6.25
#9	Cheddar, Roast Turkey, Bacon, Broccoli, Sour Cream, Corn ...	¢6.25
#10	Cheddar, Chicken, Broccoli, Bacon, Avocado, Sour Cream .....	¢7.15

### Extras:

Chives	.50	Sun Dried Tomatoes	.75
Corn	.75	Avocado	1.00
Broccoli	.75	Bacon	1.50
Cheese	.95	Deli Meat	1.50
Sour Cream	.95	Baked Chicken	1.95
Mushrooms	.75	Roasted Turkey	1.95

## How to Order

1) Call in your order to 510-540-5282.

Please call at least 15 minutes before your pick up time.

Or...

2) Fax your order to 510-540-5770.

Be sure to specify the details of the order and include

a return phone number so that we can return your call

Please fax at least 15-20 minutes before your pick up time.

**\*Grub-n-Go\***

2109 Allston Way, Berkeley, CA 94704

web: [www.grubngo.com](http://www.grubngo.com)

email: [grubngo@aol.com](mailto:grubngo@aol.com)

## Salads n Wraps

### Caesar Salad:

Crisp Romaine Lettuce tossed w/ Caesar Dressing, homemade Croutons, fresh Black Pepper, and Parmesan Cheese

1/2 Caesar Salad ..... ¢2.99      Full Caesar Salad ..... ¢3.99

\*Add Chicken (4 oz Chicken Breast) ..... ¢1.95

### NEW !!!! Chicken Caesar Wrap: ..... ¢5.50

Romaine Lettuce tossed w/ Caesar Dressing, Full Chicken Breast, Black Pepper, and Parmesan Cheese and "wrapped" in lavash bread.

### Green Salad:

Fresh Mixed Greens, Tomatoes, Mushrooms, Cucumbers, Olives, Carrots

1/2 Green Salad ..... ¢3.25      Full Green Salad ..... ¢5.25

### Chef Salad: ..... ¢5.25

Mixed Greens topped with Turkey, Ham, Eggs, Olives, Bell Peppers, Cheddar Cheese, and your choice of Salad Dressing.

### Tuna Salad

Mixed Greens topped w/ Tomatoes, Olives, Cucumbers & Fresh Tuna Salad

1/2 Tuna Salad (w/One scoop of Tuna) ..... ¢3.80

Full Tuna Salad (w/Two Scoops of Tuna) ..... ¢5.80

### Tomato Mozzarella Summer Salad ..... ¢3.25

Mixed Greens topped with Fresh Mozzarella, Tomatoes, and drizzled with Balsamic Vinaigrette Dressing.

**SALAD DRESSINGS:** Honey Mustard, Ranch, Low Fat Italian, Balsamic Vinaigrette, 1000 Island, Creamy Caesar

\*Add a toasted roll to your salad ..... ¢1.00



**Grub-n-Go CATERs to YOUR needs**



Please see **CATERING MENU** for pricing and selection.

We specialize in meetings, lunches, parties, graduations, etc.